

Dear Parent/carers,

We know that things have been difficult during these unprecedented times and many services that our students access have either been limited or closed. We would like to remind you that social care remains open for urgent referrals and families should call starting point if they feel they are heading towards crisis and are concerned that a child is at risk of significant harm [Tel:- 01629 533190](tel:01629533190)

Members of the public:

If you are a member of the public with a concern please, contact call Derbyshire on [Tel:- 01629 533190](tel:01629533190), they will help to identify the right services to meet the family's needs.

For additional help at a lower level we have put together some information in relation to help available over the summer break please see below.



A.Berry Support Services

[A.Berry Support Services](#)

A.Berry Support Services is a dedicated family run support service and residential care home. The service offers a wide range of support to young people with a range of additional needs. www.aberrysupportservice.co.uk

We currently have space on a Sunday night and every other Friday for anyone who you think has the understanding of the new guidelines/rules however this is only available for 18+ only.



t: 01773 741221

www.derbyshireautismservices.org

Derbyshire Autism Service

Derbyshire Autism Services

Unit 3a, Unicorn Business Park | Wellington Street | Ripley | Derbyshire DE5 3EH

Bespoke 1:1/2:1 support

- Children must be 5yrs and over
- The child must have a diagnosis or be on the waiting list referred for an assessment
- We provide 1:1/2:1 bespoke support; the client is allocated their own support worker who will work with them to build a trusting professional relationship
- We support the client to identify how their autism affects them directly and help the client to develop strategies to manage these difficulties
- We are mentors (caring but not carers) and help support the client to become independent - to build on current skills and to learn/develop new ones, such as:

- Support with independent living skills in and outside of the home
- Supporting an individual to learn to manage their autism in social situations.
- Support for a client to access meaningful activities within the community

We are aware that some people with ASC have comorbidities, should these present as their primary need then we may contact the client to discuss other options of support, as we may not be the right service to support them at this moment in time.

Our costs for our **invoiced/spot purchase** service is £26.50. For clients needing "intimate personal care" the hourly rate will rise to £29.15 per worker per hour. The minimum support session is 3 hours. **Currently clients are only able to access this through our remote service due to Covid19**

Children's Activity Groups (this is not a 1:1 service) as this is a funded service there is no hourly cost for this

The children's activity groups are for children 8 years and over with high functioning autism (*children not requiring 1:1 support*). The groups are held every other week in Buxton and Ripley.

To qualify for this support the potential client must have:

- A diagnosis of autism and be under the age of 18 yrs.

Currently clients are only able to access this through our remote service due to Covid19



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The Family Support team at Umbrella will be offering online parent support groups through Facebook groups as we are now and zoom sessions. We also have our SPA service running where families can call to chat, for advice or emotional support. The numbers are as follows

Monday: 07889 214954

Tuesday, Wednesday and Thursday: 07708 898998

Friday: 07701289703

Play and leisure service have youth clubs and a choir running remotely which have some spaces left for children who fit the criteria for these.

Children's services are supporting children who have an existing relationship with Umbrella face to face or via zoom depending on preference of family, but will be unable to take on any new children at the moment due to need for social distancing.

Global Make Some Noise project will also begin to offer some face-to-face services for children who already have a relationship with Umbrella from the beginning of August.



The Changing Lives Mental Health Support Team (MHST) aim to continue to offer support and advice to your school community.

This week's resources:

- 'Everybody Worries' by Jon Burgerman is a free e-book aiming to offer support to children who are feeling worried about the Coronavirus and the uncertainty and change around this. Follow this link to read the book: <https://en.calameo.com/read/000777721945cfe5bb9cc?authid=Xu9pcOzU3TQx>
- Clinical Psychologist Dr Jess Richardson shares suggestions for parents and school staff to manage apprehension and anxiety children may experience upon their return to school in this video (8 minutes) <https://nipinthebud.org/information-films/tips-for-returning-to-school/>. There is also an accompanying factsheet on the website or available via this link <https://nipinthebud.org/wp-content/uploads/2020/05/Supporting-Children-Returning-to-School-After-the-Lockdown.pdf>.
- <https://derbyandderbyshireemotionalhealthandwellbeing.uk/>