Information Sessions for Parents and Carers of Young People with Learning Disabilities and / or Autism

### Supporting Communication
**Tuesday 25th April, 2017. 9.30am-12.30pm**  
Fairplay, Chesterfield

### Sensory Processing Difficulties
**Friday 19th May, 2017. 9.30am-11am**  
Education Centre, Chesterfield Royal Hospital

### Relationships, Puberty & Sexuality
**Friday 19th May, 2017. 11am-12.30pm**  
Education Centre, Chesterfield Royal Hospital

### Managing Sleep Problems
**Friday 23rd June, 2017. 9.30am-11am**  
Old Lecture Theatre, Chesterfield Royal Hospital

### Toileting Problems in ASD
**Friday 23rd June, 2017. 11am-12.30pm**  
Old Lecture Theatre, Chesterfield Royal Hospital

### Managing Anxiety
**Thursday 6th July, 2017. 9.30am-11am**  
Fairplay, Chesterfield

### Developing Relationships through Play
**Thursday 6th July, 2017. 11am-12.30pm**  
Fairplay, Chesterfield

These information sessions are aimed to support parents/caregivers of young people who have a diagnosis of either moderate to severe Learning Disability (LD) and/or Autism Spectrum Disorder (ASD).

Some of the above sessions involve more than one topic. If you wish to attend just one of the sessions that are taking place you are welcome to do so. If you are attending both sessions, please arrive at 9.15am for registration and coffee.

If you are interested in attending a workshop, or have any questions about the workshop series, please contact:

- Helen Dunkley: 01246 514523;
- Lindsey McGarry: 01246 514480

**PLEASE BOOK EARLY AS PLACES ARE LIMITED**

*Please also let us know if you can no longer attend a session, so that we can offer the place to someone else.*